# BENCHMARK Rehabilitation Assistant

# **COMMUNITY SUBSECTOR COLLECTIVE AGREEMENT**

**CLASSIFICATION GRID:** 

28

BENCHMARK TITLE:

**REHABILITATION ASSISTANT** 

BENCHMARK NUMBER:

82000

JOB FAMILY:

**CLIENT SERVICES** 

#### SCOPE AND LEVEL DEFINITION

Under the clinical direction of a therapist such as physiotherapist, occupational therapist and/or speech language pathologist; performs therapeutic treatment as part of an approved rehabilitative treatment plan/program; assists therapist in monitoring therapeutic plans and client's response to the treatment plan.

#### TYPICAL FUNCTIONS AND RESPONSIBILITIES

- Provides support to clients by implementing treatments and techniques such as therapeutic
  exercise, functional skills training in activities of daily living, safety training, physical tests such as
  Berg Balance test, Timed Up and Go test, and/or speech related tests, electro-physical agents,
  hydrotherapy, thermal and mechanical modalities, cardio-respiratory and neuromotor techniques,
  mobility training including the use of gait aids and devices, cognitive retraining, language and
  communication therapy.
- Observes, reports and documents cognitive and functional changes in client status; progresses and/or regresses treatment within parameters established by the therapist and reports adverse reactions. Provides input regarding client needs, performance, progress, and recommends changes to rehabilitation plans, physical environment and procedures; adapts equipment and environment as necessary.
- 3. Assists in the fabrication and modification of splints, seating and exercise devices, mobility and Assistive devices. Demonstrates, sets up and adapts equipment and/or devices such as augmentative and alternative communication devices. Provides instruction and guidance to clients and families in the use, care and troubleshooting of assistive equipment and devices.
- 4. Prepares materials and activities for therapy sessions and identifies environmental factors that may interfere with treatment plan; orients clients and provides information about relevant service policies. Sets up and cleans equipment and space. Maintains inventories of related supplies.
- 5. Informs families, community volunteers and recreation program staff about clients' functional abilities, safety precautions and risk factors.
- 6. Identifies available social, economic, recreational and educational resources for clients and families by liaising with community organizations to obtain program information as requested.
- 7. Performs other related duties as assigned.

#### **QUALIFICATIONS**

## Typical Education, Training, and Experience

Grade 12

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- Rehabilitation Assistant Program
- Recent, related experience of one (1) year
- Or an equivalent combination of education, training, and experience
- Or other Qualifications determined to be reasonable and relevant to the level of work

## Typical Skills and Abilities

- · Ability to work independently and in cooperation with others
- · Ability to communicate effectively, both verbally and in writing
- Ability to organize and prioritize work
- Ability to observe and recognize changes in clients
- Ability to establish and maintain rapport with clients
- Ability to operate related equipment, including computer software programs
- Physical ability to carry out the duties of the position